

## Tuning Into Guidance

Essence is the very fabric of our Soul. When we experience our Essence we have the sense of wholeness. In contrast, the lack of contact with our Essence gives us a sense that we have lost our way home, that we have lost our paradise. We are born full of Essence and free of any conditioning. As time passes and childhood programming settles into our system, we gradually lose the connection to our Essence. We then live in a paradoxical state of existence: we are Essence and yet we do not know it.

The Vehicles of Essence are carriers of different Essential qualities which constitute the building blocks of our Soul, as well as the Essential reality in general. We can see them as the organs of our Soul. In the Diamond Logos Teachings, we describe nine different vehicles or carriers of Essence. The vehicles are aspects of our Essential structure.

The Diamond Body is the vehicle of true objective understanding and direct knowing. It is the manifestation of Living Guidance within us – our Inner Guide. It enables us to see what is really there, beyond our projections. In our lives, we need to cultivate this Essential vehicle in order to receive the necessary understanding, clarity and guidance to pursue our inner journey and actualize ourselves in life according to our Soul's direction. It is our own truth and guidance that nobody else can reveal to us. It is this aspect of ourselves that shows us the way out of confusion, lostness and the maze of the egoic personality and guides us back home. It gives us the capacity to have compassion for ourselves and our mistakes, as well as for others. The Diamond Body brings us back to our humanity and helps us integrate our emotions and unconscious parts.

The Diamond Body is the foundation for working with people and this is why there is so much emphasis on objectivity in most spiritual approaches. It is from this inner jewel that the recognition of the Essential realm initially came and from which it also took its name, “Diamond Logos”. In this retreat, we tune into our Inner Guidance using transmissions, meditations and specific techniques. At the same time, we explore and work thoroughly on the issues that are blocking our connection to it.

Dates: December 7 -9

Times: Starting Friday, December 7 at 19:00 ending Sunday, December 9 at 18:00

Place: Wajid Meditatie Centrum, Prins Hendrikplein 1, Den Haag

Cost: 325 Euros. There is a 10 % discount with a deposit of 100 Euros paid by November 7.

There are possibilities to stay overnight. Please email Nandita at [nandita@wajid.nl](mailto:nandita@wajid.nl) if you wish to arrange your stay at Wajid. For further information and bookings, please contact Vedanta at [vedanta@channeling-the-source.de](mailto:vedanta@channeling-the-source.de) or +30 6947954447 or Tarangita at +31 (0) 6 47 609 150.